## Don't Miss a Beat: Control High Blood Pressure

High blood pressure raises your risk for heart disease, stroke, and kidney disease. Join us for an informative session on how to prevent and control high blood pressure.



**Thursday, May 26, 2016** 11:45am-1:00pm

Governmental Complex-Commons Area 309 W Cornelius Harnett Blvd Lillington

Lunch will be provided.

*Featuring:* Ben Walker, MD, FACC, RPVI North Carolina Heart and Vascular

Registration required: Harnett County Health Department 910-814-6196 Registration Deadline: Thursday, May 19<sup>th</sup>

